

**Comparison of Online/Hybrid Nature Therapy Certification Programs**

	Natural Wellness Academy	Association of Nature and Forest Therapy	Earthbody Institute	Earth-Based Institute	Mindful Ecotherapy Center	TerraSoma (Wilderness Reflections)
<b>Base Tuition</b> <i>(excludes discounts/scholarships)</i>	\$695	\$3,490	\$3,488	\$11,200	\$270	\$3,977
<b>Delivery Format</b>	Distance/Asynchronous	Hybrid	Hybrid	Hybrid	Distance/Asynchronous	Hybrid
<b>In-Person Training</b>	No	Required	Required	Optional	No	Required
<b>Time to Complete</b> <i>(advertised for typical student)</i>	6 months	6 months	6 months	12-24 months	-	5 months
<b>Admissions Basis</b>	Open/Rolling	Application/Cohorts	Limited Space/Cohorts	Application/Cohorts	Open/Rolling	Limited Space/Cohorts
<b>CEUs Available</b>	12 (NBHWC)	-	45 (APA; CBRN; NBHWC)	315 (ICF); 12 (WSCU)	37 (NBCC)	75 (APA; CBRN; NBHWC)
<b>Curriculum Summary</b>	6 modules including Nature Therapy; Natural History; Spiritual Nature; Practical Aspects; Template; Practicum	15 modules including Forest Therapy; Way of the Guide; Standard Sequence and Liminality; Bioregional Learning; Senses and Embodiment; Language of Invitation; Tea Ceremony; Health Science	3 courses including Level 1 Online Training; Level 2 Land-Based Immersion Program; Level 3 Advanced Training	12 modules including Immersion; Nature-Connected Coaching; Gestalt Therapy; Partswork; Brain and Change; Trauma; Grief/Loss; Long-term Coaching	4 courses including Intro to Mindfulness; Intro to Ecotherapy; Mindfulness-Based Ecotherapy; Group Process in Ecotherapy	5 pillars including Nature Connection/Immersion; Theory and Research; Assessment and Treatment Planning; Logistics, Ethics and Liability; Ceremony and Creative Expression
<b>Main Learning Modes</b>	Reading; Videos; Experiential	In-Person Training; Reading; Experiential	In-Person Training; Videos; Webinars	In-Person Training; Videos; Webinars	Reading; Experiential	In-Person Training; Reading; Experiential
<b>Assessments</b>	Projects/Essays; Exams	Projects/Essays	Projects/Essays	Projects/Essays	Projects/Essays	Projects/Essays
<b>Feedback &amp; Mentorship</b>	Mentor Program; Student/Graduate Community	Mentor Program; Student/Graduate Community	Mentor Program; Student/Graduate Community	Mentor Program; Student/Graduate Community	Student/Graduate Community	Mentor Program; Student/Graduate Community
<b>Credential</b>	Certified Nature Therapy Guide	Certified Forest Therapy Guide	Professional Ecotherapy Certification	Nature-Connected Coach	Mindfulness-Based Ecotherapy Certified Facilitator	Professional Ecotherapy Certification
<b>Certificate/Diploma</b>	Yes	Yes	Yes	Yes	Yes	Yes
<b>Materials Included</b>	Workbooks; Forms; Resources	Workbooks; Forms; Resources	Workbooks; Forms; Resources	Workbooks; Forms; Resources	Workbooks; Forms; Resources	Workbooks; Forms; Resources
<b>Mainly Designed for Mental Healthcare Professionals?</b>	No	No	Yes	No	Yes	Yes
<b>Year Founded</b> <i>(may not be year program started)</i>	2013	2012	2008	2004	2007	1999
<b>Website</b>	<a href="https://www.naturalwellnessacademy.org/nature-therapy/">https://www.naturalwellnessacademy.org/nature-therapy/</a>	<a href="https://www.natureandforesttherapy.earth/guide-training/guide-training-faq">https://www.natureandforesttherapy.earth/guide-training/guide-training-faq</a>	<a href="https://www.theearthbodyinstitute.com/professional-ecotherapy-training-certification-program-spring-2020/">https://www.theearthbodyinstitute.com/professional-ecotherapy-training-certification-program-spring-2020/</a>	<a href="https://earthbasedinstitute.org/product/become-a-nature-connected-life-coach/">https://earthbasedinstitute.org/product/become-a-nature-connected-life-coach/</a>	<a href="https://mindfulecotherapy.org/product/ecospirituality-coaching-certification-course/">https://mindfulecotherapy.org/product/ecospirituality-coaching-certification-course/</a>	<a href="https://www.wildernessreflections.com/clinical-ecotherapy-certification-program/">https://www.wildernessreflections.com/clinical-ecotherapy-certification-program/</a>

**Note:** This information is provided for informational purposes only and does not constitute an endorsement. No warranty is made as to the accuracy of this information. Based on information available on the programs' websites as of July 28, 2021. Please contact the program directly for the most accurate information.

**Note:** This table only includes select online or hybrid self-contained professional certifications hosted outside of accredited post-secondary institutions. For programs hosted at academic institutions, consider contacting Prescott College, Southwest College, Lewis & Clark University, Pacifica Graduate Institute or Viridis Graduate Institute.