PRESENTS

AKASHIC RECORDS

PRACTITIONER CERTIFICATION

Access esoteric knowledge and attune to the deeper wisdom beyond the conscious mind.



Akashic Records PRACTITIONER

A SIX-MONTH EXPERIENTIAL CERTIFICATION PROGRAM



Thoughts are things. They make their impressions upon the skein of time and space.

— Edgar Cayce, Reading 3976-16

The Akashic Records can be understood as an energetic archive of information connected to the soul's experiences, growth, and journey. Often described as a universal or spiritual library, the Records are believed to hold information related to past experiences, present patterns, relationships, lessons, possibilities, and the deeper themes that may influence an individual's life.

Working within the Akashic Records is not simply about predicting the future or receiving definitive answers about what will happen. Instead, the Records can offer insight, perspective, and guidance that support greater self-awareness and understanding. Through intentional questions and intuitive connection, individuals may explore recurring patterns, relationships, life experiences, areas of growth, and

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possibilities available to them while honoring personal choice and free will.

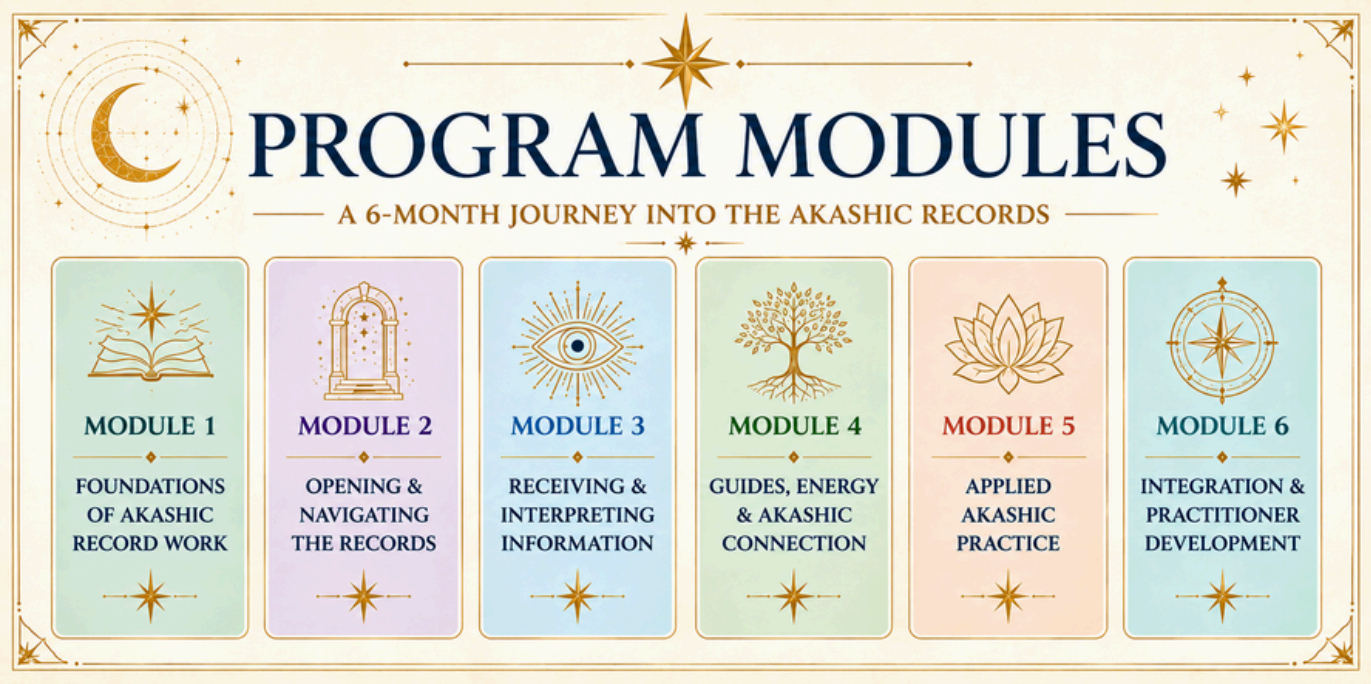
Every student will receive guided virtual attunements required to be able to access these etheric records, as part of the certification program, which may be experienced through a specially prepared recorded session. The attunements are designed to be completed intentionally and within a quiet, supportive space, allowing each student time for their own individual experience and integration.



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What You Will Learn

- Learn how to open, navigate, and close the Records with confidence
- Strengthen discernment and learn to interpret intuitive messages and guidance
- Explore soul patterns, relationships, life experiences, and areas of personal growth through the Records
- Learn to facilitate ethical and supportive Akashic Records readings for others
- Receive guided practice, mentorship, and Akashic attunements as part of your practitional development



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The Akashic Records Practitioner Certification is an experiential training program designed to guide students in developing a grounded, ethical, and confident practice within the Akashic Records. Throughout the program, students will learn how to intentionally access and navigate the Records, receive and interpret information, work with spiritual guidance, and apply discernment while honoring appropriate energetic and ethical boundaries. The course builds upon foundational spiritual wellness practices so that students can focus more deeply on the skills and experiences specific to Akashic Records work.

PROGRAM FORMAT

•Six modules over six months • Hybrid learning • Monthly live integration and Q&A calls • Pre-recorded lessons • Guided activations & attunements • Written materials and assignments • Reference materials • Optional peer practice • One-on-one mentoring • All resources provided

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Prerequisite Training

The Akashic Records Practitioner Certification builds upon foundational Spiritual Wellness skills so students can focus more deeply on the specialized practice of accessing and working within the Records. Prerequisite training provides a shared foundation in areas such as intuitive awareness, energetic practices, ethical responsibility, and practitioner development, allowing the Akashic Records curriculum to focus on applied learning rather than repeating introductory material.

In order to be accepted into this program you must complete one of the following pathways:

- Spiritual Wellness Specialist
- OR: Dual Certification - Essential Hypnotherapy Skills + Past Life Regressionist
- We will consider waiving these prerequisites if you have coaching or counseling experience. An interview can be arranged.

Special pricing is available for stacked courses.



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Welcome! My name is Sarah Golovanoff, and I am honored to be your mentor throughout this Akashic Records Certification journey. My path into the Akashic Records wasn't something I planned; it was something I was called toward.

What began as a search for deeper understanding gradually became a journey of healing, self-discovery, and spiritual growth. Through the Records, I learned to trust my intuition, reconnect with my authentic self, and better understand the experiences that have shaped my life. Today, it is a privilege to share that path with others. I am a Certified Akashic Records Practitioner, a Certified Spiritual Wellness Specialist through and have also completed training in Essential Hypnotherapy Skills, Mind Dynamics and Past Life Regression through Natural Wellness Academy.

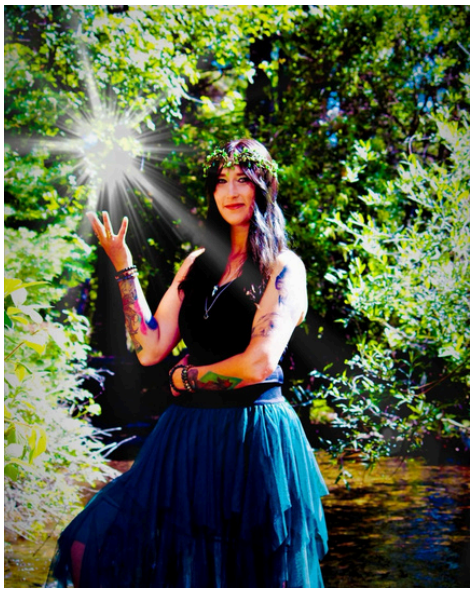
Throughout this course, my goal is to create a supportive and encouraging learning environment where you feel comfortable exploring your intuition, asking questions, and developing confidence in your own connection with the Akashic Records. Every person's experience is unique, and one of the greatest gifts of this work is discovering how

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guidance naturally comes through for you. Whether through images, feelings, words, or simply an inner knowing, your connection is uniquely yours.

Together, we will explore the foundations of the Akashic Records, ethical practices, discernment, energetic preparation, and practical reading techniques while building confidence through guided exercises and hands-on practice. This course is designed to help you not only understand the Records but also cultivate a relationship with them that feels authentic, grounded, and aligned with your own spiritual journey. Outside of my spiritual work, you will often find me hiking in the mountains or spending time in nature, where I feel most connected to the wisdom and peace that inspire both my personal practice and my teaching. It is my hope that by the end of this course, you'll have acquired not only new knowledge and practical skills, but also greater trust in yourself, a deeper connection to Spirit, and the confidence to continue your journey long after the course has completed. I look forward to walkingalongside you every step of the way.

Sarah Golovanoff



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The Akashic Records Practitioner Certification is an experiential training program designed to guide students in developing a grounded, ethical, and confident practice within the Akashic Records. Throughout the program, students will learn how to intentionally access and navigate the Records, receive and interpret information, work with spiritual guidance, and apply discernment while honoring appropriate energetic and ethical boundaries. The course builds upon foundational spiritual wellness practices so that students can focus more deeply on the skills and experiences specific to Akashic Records work.

Learning takes place through a combination of educational materials, guided practices and activations, written assignments, personal exploration, practice readings, and live mentorship. Students will begin

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by developing their own relationship with the Records before gradually progressing into reading for others. Emphasis is placed on practice and integration so that students are not simply learning about the Akashic Records, but developing the confidence, self-awareness, discernment, and practical skills needed to work within them responsibly.

Program Outcome

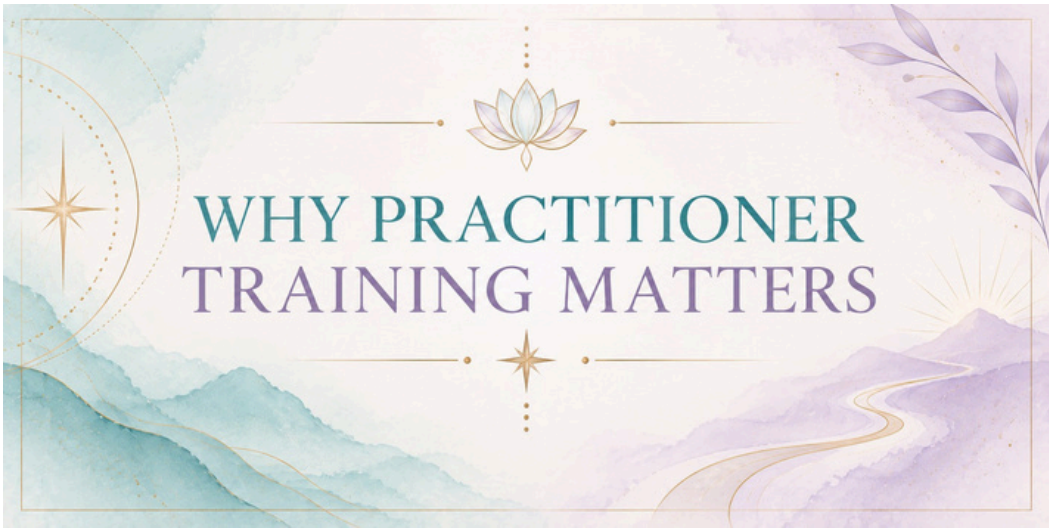
By the completion of this program, students will have developed:

- Confidence in accessing the Akashic Records
- Stronger intuitive discernment
- Ethical practitioner awareness
- Foundational Akashic reading skills
- Tools for grounded and embodied spiritual practice

You can change the trajectory of your life plan at any time by making different choices.

— Lisa Barnett, *Akasha:Spiritual Experiences of Accessing the Infinite Intelligence of Our Souls*

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Working with the Akashic Records involves more than learning how to access intuitive information. Practitioner training provides a structured framework for developing discernment, understanding ethical responsibilities, establishing appropriate boundaries, and learning how to receive and communicate information with clarity and intention. Throughout this certification program, students are given opportunities to learn, practice, reflect, and receive guidance as their skills develop. Training also provides a supportive environment in which students can explore their individual intuitive style, recognize the difference between personal interpretation and received guidance, and develop greater confidence in navigating the Records responsibly.

For students who wish to offer Akashic Records readings to others, practitioner training also provides an important level of practice and assessment. Through coursework, experiential assignments, mentorship, attunement, and the final practicum, students demonstrate their ability to apply what they have learned before receiving certification as an Akashic Records Practitioner.

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By the completion of the program, students will have developed a personal and repeatable process for working within the Akashic Records and a stronger understanding of their individual intuitive style.

Students seeking practitioner certification will complete the required coursework and practice experiences, along with two final capstone components that integrate both personal development and practical application. The intention is for graduates to leave with a strong foundation from which they can continue developing their Akashic practice for personal growth and, where appropriate, incorporate Akashic Records readings into their professional wellness practice.



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To receive certification, students must:

- Complete assigned coursework and reflection exercises
- Participate in practice assignments
- Complete capstone components
- Demonstrate ethical and grounded application of the material
- Participate in live integration calls when possible

This certification program is designed to provide students with a grounded, ethical, and experiential approach to working within the Akashic Records. Through structured teachings, guided activations, reflection exercises, personal mentoring and applied practice, students will develop confidence in opening the Records, receiving and interpreting intuitive information, and integrating this work into both personal and practitioner settings.

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This Course Emphasizes

- Energetic integrity

  Discernment
- Ethical practice
- Embodiment
- Practical application

Students will move through a progressive learning structure that balances self-paced study with guided integration and practitioner development.



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MODULE 1

Foundations of Akashic Record Work

✦ ✧ ✦

Module Overview

This foundational module introduces students to the Akashic Records and establishes the energetic and ethical framework that will support the rest of the program. Students will explore the purpose of the Records, the importance of intention and discernment, and the responsibilities that come with spiritual and intuitive practice. The focus is on developing a grounded approach that supports clarity, integrity, and confidence as students begin their journey into Akashic work.

Core Topics

- Understanding the Akashic Records
- Foundations of ethical and grounded Record work
- Intention setting for Akashic practice
- Energetic preparation before opening the Records
- Discernment foundations
- Scope of practice and practitioner responsibility
- Energetic integrity within spiritual work

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Included Materials

- Pre-recorded teachings
- Written reference guides
- Grounding & preparation worksheets
- Guided activation

Live Call Focus

Foundations, energetic integrity, and student Q&A



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MODULE 2

Opening & Navigating the Records

Module Overview

✦ ✧ ✦

In this module, students learn the process of intentionally accessing and working within the Akashic Records. Through guided practice and reflection, students will develop familiarity with opening and closing the Records, navigating the energetic space with confidence, and strengthening trust in their own experiences. Emphasis is placed on consistency, personal connection, and creating a reliable process that supports future practice.

Core Topics

- Prayer and intention for opening the Records
- Preparing to access the Records
- Opening and closing the Records
- Developing trust within the process
- Navigating the Records with structure and clarity
- Strengthening confidence in Record work

Included Materials

- Opening/closing process guide
- Guided Akashic access activation
- Reflection prompts

Live Call Focus

Guided opening experience and troubleshooting

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MODULE 3

Receiving & Interpreting Information

Module Overview

✦ ✧ ✦

Receiving information is only one part of Akashic work; learning how to interpret that information with clarity and discernment is equally important. This module explores how guidance may be received through symbols, emotions, energetic impressions, and intuitive knowing. Students will practice asking aligned questions, recognizing their unique communication style, and distinguishing authentic guidance from personal projection.

Core Topics

- Receiving information within the Records
- Intuitive communication styles
- Symbolic interpretation
- Emotional impressions and energetic sensations
- Asking aligned and ethical questions
- Differentiating intuition vs projection
- Strengthening discernment during readings

Included Materials

- Symbol interpretation guide
- Intuitive reflection worksheets
- Guided discernment activation

Live Call Focus

Interpretation practice and discernment discussion

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MODULE 4

Guides, Energy & Akashic Connection

Module Overview ✦✧✦

This module focuses on developing a deeper relationship with the energetic aspects of Akashic practice. Students will explore how supportive guides and spiritual allies may appear within the Records, while strengthening discernment and energetic awareness. Through guided exercises and reflection, students will learn to maintain grounded presence while deepening trust in their connection and intuitive experiences.

Core Topics

- Working with guides and supportive energies within the Records
- Discernment in spiritual communication
- Energetic awareness during Record work
- Session preparation and energetic alignment
- Embodiment and grounded intuitive presence

Included Materials

- Guide connection exercises
- Energetic awareness worksheets
- Guided connection activation

Live Call Focus

Guide connection, energetic discernment, and integration

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MODULE 5

Applied Akashic Practice

Module Overview

✦ ✧ ✦

As students become more comfortable navigating the Records, this module shifts into practical applications. Students will begin integrating what they have learned into structured readings for themselves and others while exploring ethical considerations, consent, and professional responsibility. The emphasis is on building confidence through experience and learning how to hold supportive space while remaining grounded and discerning.

Core Topics

- Reading the Records for oneself
- Introduction to reading for others
- Ethical considerations and consent
- Holding space during intuitive sessions
- Practitioner boundaries and energetic responsibility
- Structuring an Akashic reading session
- Building practitioner confidence through application

Included Materials

- Session structure templates
- Ethics and consent guidelines
- Practice reflection worksheets

Live Call Focus

Reading practice, practitioner development, and Q&A

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MODULE 6

Integration & Practitioner Development

Module Overview

The final module focuses on bringing together the knowledge, skills, and experiences gained throughout the program. Students will reflect on their growth, strengthen their practitioner identity, and develop greater confidence in their unique approach to Akashic work. Through integration exercises, reflection, and capstone projects, students will leave the program with a deeper understanding of how to sustainably incorporate this practice into both personal and professional settings.

Core Topics

- Embodiment and integration practices
- Developing an authentic reading style
- Practitioner self-awareness
- Building trust through lived experience
- Sustainable spiritual practice
- Avoiding energetic overwhelm and burnout
- Practitioner confidence and continued growth

Included Materials

- Integration workbook
- Practitioner reflection exercises
- Closing activation

Live Call Focus

Foundations, energetic integrity, and student Q&A

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Capstone Projects

Students will complete capstone components designed to support practical application, ethical awareness, and practitioner confidence. The capstone portion of the program is designed to support integration, reflection, and practical application of the concepts learned throughout the course. Students will demonstrate their understanding through reflective exercises and applied Akashic practice, allowing them to embody the material rather than simply study it. The capstone serves as an opportunity to cultivate confidence, reinforce ethical principles, and celebrate the growth that has occurred throughout the certification journey.

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May your practice be grounded indiscernment, guided by integrity, and strengthened through experience.

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